CAREWEAR
HEALTH EDUCATION PITCH

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the whole range of sensors and devices that can be worn by a user with the aim to collect physiological data in a manner that is reliable but also as non-invasive as possible
MHEALTH - WEARABLES

• large potential for mental health education
  – monitoring for long term
  – relying on relevant parameters
  – in order to increase awareness

• lack of translation from theory to practice
MHEALTH - WEARABLES

- activity
- HRV
- skin conductance
- stress
CAREWEAR

- user-friendly platform with interface for both clients & professionals
- algorithms
- clinical guidelines
Welcome Tom

day course

feeling

goals

72 bpm
7500/10000 steps
Average resting heart rate

Notes

Urgent questions
Overview of the month

February 2017

Home page
Day
Week
Month

Steps

Active minutes

eMEN seminar - Carewear
Overview of the month

February 2017

[Graph showing heart rate variability (HRV) over a month.

HRV values range from 0 to 120.

Days 1 to 28 are represented on the x-axis.

Heart rate variability is indicated by red dots.

Legend:
- Home page
- Day
- Week
- Month

Title:
- eMEN seminar - Carewear
THANK YOU FOR YOUR ATTENTION!

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